

# SIDDHARTHA PUBLIC SCHOOL



## REPORT- BROWNIE DAY



*"When you're downie, eat a brownie"*

National Brownie Day is on December 8 every year. Brownie lovers come from far and wide to celebrate National Brownie Day. Warm, chewy, and rich, a nice chocolate brownie is the perfect dessert to end your night with.

Legend has it that the creation of brownies hales from the Palmer House Hotel in 1893. Bertha Palmer, a prominent Chicago socialite whose husband owed the hotel, asked a pastry chef a dessert suitable for ladies attending the Chicago World's Columbian Exposition. She requested a cake-like delicacy small enough to be included in boxed lunches. The result was the Palmer House Hotel serves a dessert to patrons made from the same recipe. The name was given to the dessert sometime after 1893, but was not used by cook books or journals at the time.

By 1907 the brownie was well established in a recognizable form, appearing in Lowney's cook book by Maria Willet Howard as an adaption of the Boston cooking school recipe for a "Bangor Brownie" derives from the town of Bangor, Maine which legend states was the hometown of a housewife who created the original brownie recipe. Main food educator and columnist Mildred Brown schrumpf was the predominant proponent of the theory that brownies were invented in Bangor.

While “The Oxford companion to American Food and Drink in America” said it had discovered evidence to support Schrumpf’s claim, in the form of several 1904 cookbooks that included a recipe for “Bangor Brownies”.

Hence, Siddhartha Public School celebrated brownie day on 7<sup>th</sup> of December 2022. Students were asked to bring brownies to share with their friends and have. They all were very excited and all shared and had brownies and enjoyed the day.





